

**DRAFT
TOWN OF CANTON
COMMISSION ON AGING
October 3, 2016**

PRESENT: Mary Ann Christensen, Ken Daniels, Mary Lou Erardi, Lori Kluessendorf, Dottie Murray, Maureen Wallison

ATTENDEES: Nicole Carrasquillo, Claire Cote, Fay Tolassi

PUBLIC PARTICIPATION: Charline Whalen – attending for insight of the commission activities

GUESTS: Sarah McCuskar, Library Director, offered insight for preparation of the strategic plan, i.e. why are we here / what do you want the plan to do / what are goals. The plan is a way to put into effect the mission statement and is usually in effect for 2-5 years.

Eduardo Barrios, creator of the Canton Senior Center logo, in attendance as the completed logo was presented

MINUTES

Minutes for the September 12, 2016, meeting were approved as presented

NEW BUSINESS:

- Collected remaining Code of Ethics – Acknowledgement form which is due to CAO 10/03
- Announcement of Mental Health First Aid Training with North Central Regional Health Board scheduled for 10/18 & 10/25 each session from 8:30-1:00pm and is open to COA members

OLD BUSINESS

- Distribution of the completed Canton Senior Center Logo design and showing various uses, i.e. stationary, caps, tee shirts, etc.
- Senior Center lettering at the entrance to the CCC building is now in place
- Announcement of Flu Clinic on 10/05

COORDINATOR'S REPORT

Nicole advised of programming & events including:

- A Matter of Balance Workshop scheduled for 10/20 (prior workshop was on 09/01)
- Indoor Rowing Class next scheduled 10/19 at Power 10 in Avon (prior event was on 09/24)
- Community Conversation Group continues to meet every other Friday
- Food for Thought with Nikki DeRosa, RDN of Shop Rite the 09/08 program had 8 attendees, next scheduled for brunch on 10/25
- Scholarly Hour finished in September and was a success; great attendance and feedback
- Cooking Demo & Lunch program on 09/27 had 10 attendees; hope for this program again in the future
- Medicare Options with Medicare Mentors program 09/16 was canceled due to instructor illness has been rescheduled for 10/19
- Wii Bowling League continues new season; last match was 09/26 with East Hartford
- Jeopardy with Home Helpers scheduled for 10/26
- Caregivers Series scheduled Thursdays 10/27-11/10
- AARP Safe Driving scheduled for 11/02 is almost full
- Veteran's Day Celebration scheduled in Avon (joint Canton/Avon) for 11/14
- Winter Wonderland scheduled for 12/30

The next regular meeting is scheduled for November 7, 2016 @ 12 noon

The meeting started at 12:01 pm and concluded at 12:59 pm.

Respectfully submitted,

Dottie Murray, Secretary