

COMMISSION ON AGING

TOWN OF CANTON

Regular Meeting Monday, May 2, 2016

12noon: Canton Community Center, "Senior Program Room" (lower level)

- CALL TO ORDER
- PUBLIC PARTICIPATION (*5 minute time limit per speaker on any item*)
- REVIEW MINUTES
 - Regular Meeting Monday April 4, 2016

NEW BUSINESS

- Canton Senior Center "Membership" Application
- Evacuation Signs in the Senior Center area

OLD BUSINESS

- Voting at the CCC
- Dial A Ride & Medical Transportation Assessment

COORDINATOR'S REPORT

- **"Community Conversation" Group:** strong group of five meets every other Friday
- **Ukrainian Egg Painting:** 2nd successful session on April 12th with 4 attendees
- **Volunteer & Friends Luncheon:** April 18th with over 75 attendees
- **Healthier Baking Class:** with Nikki DeRosa on April 19th – 4 sign ups but no one showed
- **Wii Bowlers:** Bowling against Elmwood Senior Center in West Hartford on May 3rd
- **End of Life Choices:** Library is sponsoring this presentation on Saturday, May 7th
- **Hearing Screenings:** on Tuesday, May 10th by Discount Hearing – all slots full!
- **Senior Empowerment Workshop:** Karla Medina –personal trainer putting on this movement workshop on Monday, May 16th at 11:00 am. Cost \$6.00
- **Long Term Care Presentation-** May 12th with St. Patrick's Human Needs Committee
- **Medication Safety Presentation:** Wednesday, May 18th at 1:00 pm
- **Smoothies:** with Nikki DeRosa – Shop Rite dietitian will be here on Wednesday, May 25th at 1:00 pm
- **LGBT Moveable Senior Center:** Canton hosts on July 25th
- **SAVE THE DATE:** Canton Cabaret on June 2nd
- **SAVE THE DATE:** Geriatric Eye Screening on Thursday June 9
- **SAVE THE DATE:** Annual Rotary Club Senior Picnic on July 21st

ADJOURN

NEXT SCHEDULED MEETING: Monday, June 6, 2016 "Senior Program Room", LL, CCC